

BETTER BEYOND 50

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By Jill Pfister, For the Post-Tribune

Village Park Enrichment Center at Banta

RED HAT SOCIETY EVENT

<http://www.post-trib.com/news/neighbors/1770393,01nbanta0916.article>

If you haven't heard of the Red Hat Society, you haven't been paying enough attention to some women who have reached that magical time of life called "middle age."

The Red Hat Society was inspired by a poem titled "Warning" by Jenny Joseph. Since the first red hat and purple dress were donned at the first Red Hat Tea, the group has spread across the nation and around the world.

These sassy women attack middle age head-on with gusto, verve and a little silliness. They share the common challenges and victories this special time in life brings, and an enthusiasm for whatever comes next.

On Saturday, Sept. 26, Village Park Enrichment Center at Banta will have its annual Red Hat Tea and luncheon. Entertainment will be provided. Attendees are encouraged to wear their finest or silliest hats, to be judged by fellow red-hatters. Tickets are \$10. Call Village Park Banta at 462-1301 for more information.

UPCOMING VILLAGE PARK ENRICHMENT CENTER EVENTS

* Purdue University Cooperative Extension will present "All About Apples" during its monthly nutrition program at 12:15 p.m. Thursday.

* The AARP driver's-safety program will run from 9 a.m. to 3 p.m. Friday, Oct. 16. The cost is \$12 for AARP members and \$14 for non-members. Call 873-3049 to register.

* Porter Health Services will conduct cholesterol screenings from 8:30 to 11 a.m. Thursday, Sept. 24. A 12-hour fast is required before the test. Registration is required, and a \$30 fee will be charged. Call 263-7285 for more information and to make an appointment.

Jill Pfister is director of Village Park Enrichment Center at Banta, 605 Beech St., Valparaiso. Call 462-1301 or e-mail j.pfister@pinesvillage.org for more information on Village Park programs.